

Scabies information



What is scabies?

Scabies is a skin disease caused by small insects (mites) that can not be seen with the naked eye.

What are the symptoms?

Itchy skin rash frequently located on the fingers, wrists, inguinal area, and armpits.



How can I get scabies?

Close or intimate contact with an infected person.

Also by sharing clothing, towels, or bedding.





IMPORTANT!

Wash all clothes in hot water

60°C



Put shoes and other clothes that can not be washed in closed plastic bags for 3-5 days.



How can it be treated?

A) Topical creams of Permethrin.

- 1. Take a shower
- 2. Apply the cream from the neck down
- 3. Leave the cream on for 8-14 hours
- 4. Take a shower



OR

B) Oral treatment with pills called Ivermectin.

Ideally repeat treatment in 7 days!

Treatment also is recommended for people they have been in close contact with.

If you are pregnant please inform your care provider.

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